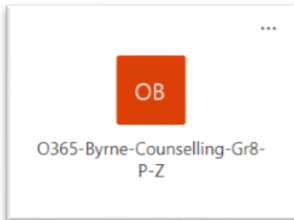


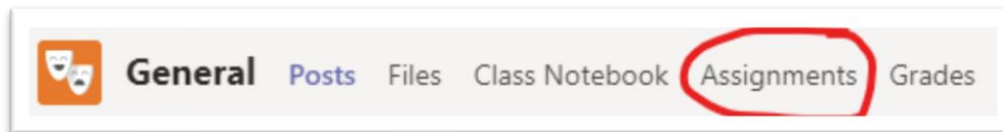
Core Competency: Option A – WRITTEN REFLECTION

Here's how to do it:

- 1) Decide which two questions you plan to answer
- 2) Between May 15th and May 29th, open Microsoft Teams and select your Counselling team.

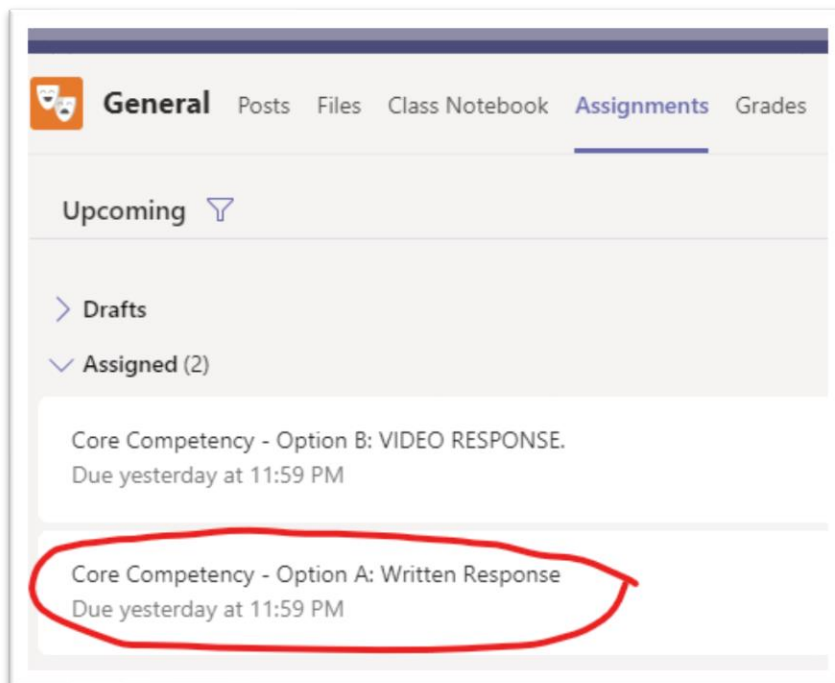


- 3) From the top menu, select ASSIGNMENTS



- 4) Choose OPTION A – WRITTEN RESPONSE.

If you choose this option, you do not need to complete option B.



5) When the assignment opens, read the instructions then click the link to the form:

Core Competency - Option A: Written Response
Due yesterday at 11:59 PM

Instructions
Complete only one of the two options: either the written response or the video response. Do not do both!

Once you have reviewed the five questions and know what you want to write about, please click on the form below and enter your responses.

Student work

 Core Competency DRAFT- Option A: Written Response (O365-08_Virani Testing) ...

6) The form should open.

Under question 1, open the drop-down menu and choose your first question to answer.

← Back Computer Mobile

Core Competency **- Option A: WRITTEN RESPONSE

Complete only ONE assignment - either the written or the video.
Answer two of the five questions.

At the end of the form, check "send me ___" for an e-mail copy of your reflection.
This e-mail will also allow you to see teacher feedback when it's ready.

Hi Tanya, when you submit this form, the owner will be able to see your name and email address.

* Required

1. Choose a question to answer: *

Select your answer ^

- ☐ Q1 - What have you learned about yourself this year?
- ☐ Q2 - What have you learned this year about your own learning style?
- ☒ Q3 - What is one school accomplishment you're proud of from this year?
- ☐ Q4 - What have you learned this year about how individual actions affect the world as a whole?
- ☐ Q5 - This year, have you made any changes to the way you take care of your physical.

This will be sent to the form owner. Never give out your password.

7) A text box will appear, showing the matching question. Answer it in the box provided, then select your second question to answer:

2. What have you learned about yourself this year? *

(ex: About your interests/skills, your values, your adaptability, your relationships, etc).

Be sure to give evidence to support your answer.

I have learned that.... ← answer here

3. Choose a second question to answer: *

Select your answer Choose

8) Another box will appear. Type in your answer to the second question.

9) Check the box “Send me an e-mail receipt.” This will send a copy of your answers to your school district e-mail account.

☒ Send me an email receipt of my responses

Submit

10) Click SUBMIT. You’re done!

The confirmation page will let you know you’ve done this correctly.

Core Competency **:- Option A: WRITTEN RESPONSE

✓ Thanks!

Thank you for completing this reflection

11) **VIEWING COMMENTS:** You will get a notification when a staff member has reviewed and returned your reflection. You can open the assignment to view their comments.